

**Introducing An Exciting New Treatment!**

## **Shockwave Therapy**



- We are pleased to now offer **Shockwave Therapy** as a new treatment here at Camberley Physiotherapy.
- Shockwave therapy is used to treat many chronic musculoskeletal conditions including:
  - Shoulder tendon problems
  - Tennis and golfers elbow
  - Greater trochanteric pain syndrome (trochanteric bursitis)
  - Achilles tendon problems
  - Plantar fasciitis
  - Myofascial trigger points plus many other chronic conditions

- **How does it work?**

Radial shockwaves are introduced into the body by means of an applicator and cover the entire painful area. The pathological association between pain, muscle tone and vascular tone is broken as a result of shockwave therapy and the strong stimuli it produces, thus enabling natural movement patterns to be remembered. This triggers a more effective healing response.

Typically 3 treatments are required

- **Are there any side effects?**

Common side effects include

- Reddening
- Swelling
- Pain
- Bruising
- petechiae (red dots).

These should pass after 5-10 days

We are charging £60 per treatment for this new and highly effective intervention.

As a special offer; 3 treatments can be purchased for £170.

Please phone or email for any further information  
01276 459049 or [camberleyphysio.ugr@nhs.net](mailto:camberleyphysio.ugr@nhs.net)