

Welcome to your Action for Carers newsletter – Winter, 2017

This Winter newsletter has a focus on end of life with information on The Brigitte Trust, NICE guidance, GDPR and upcoming Young Carer Awareness days.



GDPR is on its way!

GDPR (general data protection regulation) will come into force from May 2018, aiming to protect all EU citizens from privacy and data breaches.

To clarify how GDPR will impact us we have developed a short film resource. Please ensure you watch this to understand how GDPR will impact you.

What will this mean for us?

GDPR will change the way we manage personal, confidential data. **This includes initiatives such as GP Carers Breaks and the Carers prescription.**

We are currently working on ensuring that the Carers Prescription is GDPR compliant. We will be in touch after Christmas with some more information.

Your key contact:

Your main point of contact will always be the CIC. They can help you with any questions about carers, both young and adult. You can also contact them to request Carer Awareness Training.

Email: CarersSupport@actionforcarers.org.uk

Phone: 0303 040 1234

Have you heard about The Brigitte Trust?



Who are The Brigitte Trust?

We are a charity founded over 30 years ago by a local resident, and are based in Dorking. We are partly funded by Macmillan Cancer Support and are proud to have been awarded the Queen's Award for Voluntary Service in 2015.

What services do they provide?

Our service provides free, emotional support and practical help to clients with life threatening illnesses, their Carers and families. **This service, normally for three hours per week, is flexible according to the needs of the client, and may be accessed any time from initial diagnosis through to the end of life.** Bereavement support of up to three months is also available to the family. Practical help may include transport to appointments or shopping etc.

Our volunteers have all attended a rigorous Training Course and have enhanced DBS clearance. They have regular support and supervision.

What areas do they cover?

Our service area covers Surrey (including Waverley), and some parts of West Sussex. We welcome referrals from individuals, hospices, and health and social care professionals. To use our service, please call one of our Service Co-ordinators (see website), or alternatively call the Brigitte Trust office on 01306 881816 (Monday to Thursday inclusive).

For further comprehensive information please see www.brigitte-trust.org or call 01306 881816.

NICE End of Life Guidance for those in the last year of life – it's on its way! Here's a brief overview....

What is NICE?

NICE's aim is to improve outcomes for people who use the NHS and other public health and social care services. This is achieved through **producing** evidence-based guidance and advice for practitioners, **developing** quality standards and performance metrics for those providing and commissioning services and **providing** a range of information services for commissioners, practitioners and managers across health and social care. *The full guidance is expected to be released at the end of January 2018.*

The guideline has looked at inequalities relating to access to services for people with dementia, cognitive impairment or learning disabilities, and people who are homeless. It has taken into account the specific needs of young carers and frail, elderly carers looking after people at the end of life.

The NHS has asked for specific NICE guidance, who is this for?

- ▶ Generalist healthcare professionals in primary and secondary care.
- ▶ Specialist healthcare professionals in primary and secondary care.
- ▶ Commissioners of end of life care services.
- ▶ Providers of end of life care services.
- ▶ Other practitioners delivering end of life care services.
- ▶ People using end of life services, their families and carers, and the public.

Which groups are covered?

- Adults (aged 18 or over) with progressive life-limiting conditions thought to be entering the last year of life.
- Health and social care professionals delivering end of life care services to NHS patients.
- Carers and/or those important to people accessing end of life care services.

People NOT expected to die in the next 12 months are not covered.

You can find more information at: <https://www.nice.org.uk/guidance/indevelopment/gid-cwave0799>

Young Carer Awareness Day – 25th January 2018

Young Carer Awareness day is coming up and we are all planning events for this. As part of this day, there will be a relaunch of all our Young Carer resources. These will include:

- ▶ Young Carer identification script – this document will help you to speak with young carers
- ▶ Young Carers pathway – this document outlines how to refer and signpost young carers, including what to do if you have safeguarding concerns about a young carer.
- ▶ Young Carers GP registration form – The yellow GP Carer Registration form is changing and we will not have a specific young carer registration form.
- ▶ Young Carers fair processing notice – as part of the upcoming GDPR changes, we have developed fair processing notices to work alongside the Carers Prescription, including young carer versions.