Getting support for Children & Young People

Mindworks Surrey

Mindworks Surrey supports children and young people across Surrey with emotional wellbeing, mental health, and neurodevelopmental needs.

For children who attend a State School and where their needs are not urgent or crisis:

Mindworks has expanded support in state schools across Surrey.

- Speak to your **school** (teacher or SENCO).
- School staff can help you access Mindworks **without a referral**.

If a child is not in School or is Home Educated and where their needs are not urgent or crisis:

A **professional** (GP, social worker, or teacher) can request support for neurodevelopmental needs via: **neurodevworkrequests@sabp.nhs.uk**

If the child attends an Independent School

Parents can request a **consultation directly** for neurodevelopmental needs via: **neurodevworkrequests@sabp.nhs.uk**

If You're Concerned About a Child's Mental Health

A **health or social care professional** can make a request for support at: **mindworks-surrey.org/professionals/request-support-child-or-young-person**

For Urgent or Crisis Help

If you're worried about yourself, your child, or someone else:
Mindworks 24/7 Crisis Line (Free): 0800 915 4644

Out-of-Hours Parent & Carer Helpline

For advice on supporting children or young people with attention, activity, or behaviour challenges:
0300 222 5755
Open: 5pm–11pm, every day, all year round
Speak to friendly advisers for calming strategies and practical support.

Find Out More

www.mindworks-surrey.org